

Healthy heart, healthy you!

Early heart attack care is knowing the subtle danger signs and symptoms and acting upon them before damage occurs.

Learn the Early Signs & Symptoms:

- ♥ Shortness of breath
- ♥ Pain that travels down one or both arms
- ♥ Jaw pain
- ♥ Excessive fatigue
- ♥ Anxiety
- ♥ Nausea
- ♥ Back pain
- ♥ Chest pressure, squeezing, aching or burning



For more information and resources, visit EPHealth.com or call (915) 212-0200

