

## Fight the bite by using these prevention methods:

- **DEET** Use insect repellents that contain DEET when outdoors.
- DRESS Wear long sleeves, long pants, and socks when outdoors.
- DUSK & DAWN Although mosquitoes associated with Zika can be active throughout the day, residents should take extra care during peak mosquito biting hours (from dusk to dawn) or consider avoiding outdoor activities during these times.
- **DRAIN** Drain standing water from flowerpots, gutters, buckets, pool covers, pet water dishes, and birdbaths. After rains or lawn watering, residents are asked to "tip and toss" any standing water they find outside.





