## **ASSIGNMENT 2:** Letter to Self

Directions: Please write a letter to your future self. The letter has to be a page long. Make sure you answer all the questions below.

Please make you answer all of the seven parts of the "Letter to Self" (please label each part in your letter).

- 1. ME, NOW: my hopes, fears, dreams, intentions, goals, problems, concerns, likes, dislikes, joys, frustrations; what I like about myself; what I don't like about myself; what I'm proud of; what I think about; what bothers me; who I am, etc.
- 2. MY WORLD: a description of my home, bedroom, school, neighborhood, town; my favorite places to go; chores, allowance, pet(s), possessions, clothes, religion, current events; FAVORITES books, music groups, movies, TV, etc.
- 3. WHAT I DO: my hobbies, pastimes, sports, school activities; what I do when I'm alone, dance, draw, read; what I do with friends; favorite snacks and foods; chores; how I spend my weekends and vacations; special activities I do, organizations I belong to, etc.
- 4. PEOPLE IN MY LIFE: my family, siblings, aunts & uncles, grandparents, friends, best friend(s), teachers, people I've dated, current significant other, who I like, people I'd like to know better, people I admire and respect, important people in my life.
- 5. MY PAST: where I was born, where I lived, growing up, childhood accidents, childhood memories, and schools I attended, previous pets, trips I've taken, important events in my life so far, former friends, former teachers, teams I played on, previous romances, etc.
- 6. MY SCHOOL CAREER: As a student, how are you doing at school up to this point? What do you consider to be your strengths and weaknesses at school? What are your specific goals for this school year? What do you hope to accomplish? What classes do you have right now? How do you feel about your classes? Who's your favorite teacher? Why? Least favorite teacher? Why?
- 7. MY FUTURE: predictions, what I want to do, my long range intentions, what I'm looking forward to; what I'm dreading; my goals, my hopes and fears for the world; summer vacation, high school, college, marriage, employment, etc.

Complete assignments on a separate sheet of paper. Do not complete essays or questions on this paper.